

# Abundant Health Family Practice

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|                |
|----------------|
| Today' s Date: |
|                |

## PEDIATRIC HEALTH HISTORY QUESTIONNAIRE

All questions contained in this questionnaire are strictly confidential and will become part of your medical record.

|   |   |             |
|---|---|-------------|
| <b>Name</b> ( <i>Last, First, M.I.</i> ): | <input type="checkbox"/> M <input type="checkbox"/> F | <b>DOB:</b> |
| <b>Previous provider (Pediatrician):</b>  | <b>Date of last physical exam:</b>                    |             |
| <b>Name(s) of parent(s):</b>              | <b>Name(s) of Guardian(s):</b>                        |             |

### PERSONAL HEALTH HISTORY

|                                 |                                    |   |                                  |                                     |  |                                |
|---------------------------------|------------------------------------|---|----------------------------------|-------------------------------------|--|--------------------------------|
| <b>Childhood illness:</b>       | <input type="checkbox"/> Measles   | <input type="checkbox"/> Mumps                              | <input type="checkbox"/> Rubella | <input type="checkbox"/> Chickenpox | <input type="checkbox"/> Rheumatic Fever | <input type="checkbox"/> Polio |
| <b>Immunizations and dates:</b> | <input type="checkbox"/> Tetanus   | <input type="checkbox"/> Pneumonia                          |                                  |                                     |  |                                |
|                                 | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Chickenpox                         |                                  |                                     |  |                                |
|                                 | <input type="checkbox"/> Influenza | <input type="checkbox"/> MMR <i>Measles, Mumps, Rubella</i> |                                  |                                     |  |                                |

List any medical problems that other doctors have diagnosed

Immediate Concerns: \_\_\_\_\_

#### Surgeries

| Year | Reason | Hospital |
|------|--------|----------|
|      |        |          |
|      |        |          |
|      |        |          |
|      |        |          |

#### Other hospitalizations

| Year | Reason | Hospital |
|------|--------|----------|
|      |        |          |
|      |        |          |
|      |        |          |
|      |        |          |

|  |                              |                             |
|--|------------------------------|-----------------------------|
| <b>Have your child ever had a blood transfusion?</b> | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
|--|------------------------------|-----------------------------|

| List prescribed and over-the-counter drugs, such as vitamins and inhalers |          |                 |
|---|----------|-----------------|
| Name the Drug   | Strength | Frequency Taken |
|   |          |                 |

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NAME \_\_\_\_\_ DATE \_\_\_\_\_

|  |  |  |
|--|--|--|
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |

| Allergies to medications |                  |
|--------------------------|------------------|
| Name the Drug            | Reaction You Had |
|                          |                  |
|                          |                  |
|                          |                  |

**HEALTH HABITS AND PERSONAL SAFETY**

ALL QUESTIONS CONTAINED IN THIS QUESTIONNAIRE ARE OPTIONAL AND WILL BE KEPT STRICTLY CONFIDENTIAL.

|                        |   |   |  |
|------------------------|---|---|--|
| <b>Activity</b>        | <input type="checkbox"/> Sedentary (No exercise) <input type="checkbox"/> Yes <input type="checkbox"/> No                                   |   |  |
|                        | How much screen time does your child participate in daily (TV, video games)?  |   |  |
|                        | <input type="checkbox"/> Sports teams? <input type="checkbox"/> Yes <input type="checkbox"/> No      How often does your child participate? |   |  |
|                        | Hyperactivity? <input type="checkbox"/> Yes <input type="checkbox"/> No   |   |  |
| <b>Diet</b>            | Is your child on a specific diet? <input type="checkbox"/> Yes <input type="checkbox"/> No  |   | <input type="checkbox"/> Yes <input type="checkbox"/> No |
|                        | If yes, is it a physician prescribed medical diet?  |   | <input type="checkbox"/> Yes <input type="checkbox"/> No |
|                        | Number of meals your child eats in an average day?  |   |  |
|                        | Sugar intake  | <input type="checkbox"/> Hi <input type="checkbox"/> Med <input type="checkbox"/> Low |  |
|                        | Rank fat intake   | <input type="checkbox"/> Hi <input type="checkbox"/> Med <input type="checkbox"/> Low |  |
|                        | Protein intake  | <input type="checkbox"/> Hi <input type="checkbox"/> Med <input type="checkbox"/> Low |  |
|                        | Soda/Caffeine   | <input type="checkbox"/> Hi <input type="checkbox"/> Med <input type="checkbox"/> Low |  |
| <b>Personal Safety</b> | Are both parents in the home?   |   | <input type="checkbox"/> Yes <input type="checkbox"/> No |
|                        | Has your child been exposed to second hand smoke (smokers)?   |   | <input type="checkbox"/> Yes <input type="checkbox"/> No |
|                        | Does your child understand home safety?   |   | <input type="checkbox"/> Yes <input type="checkbox"/> No |
|                        | Does your child understand water safety?  |   | <input type="checkbox"/> Yes <input type="checkbox"/> No |
|                        | Does your child have any concern or confusion about sexual orientation?   |   | <input type="checkbox"/> Yes <input type="checkbox"/> No |
|                        | Do you have concerns about your child's safety with others?   |   | <input type="checkbox"/> Yes <input type="checkbox"/> No |
|                        | Is your child being bullied at school?  |   | <input type="checkbox"/> Yes <input type="checkbox"/> No |
|                        | Any additional concerns?  |   | <input type="checkbox"/> Yes <input type="checkbox"/> No |
|                        |   |   |  |

**FAMILY HEALTH HISTORY**

|                | AGE  | SIGNIFICANT HEALTH PROBLEMS | Age  | SIGNIFICANT HEALTH PROBLEMS |
|----------------|--|-----------------------------|--|-----------------------------|
| <b>Father</b>  |  |                             | <input type="checkbox"/> M<br><input type="checkbox"/> F |                             |
| <b>Mother</b>  |  |                             | <input type="checkbox"/> M<br><input type="checkbox"/> F |                             |
| <b>Sibling</b> | <input type="checkbox"/> M<br><input type="checkbox"/> F |                             | <input type="checkbox"/> M<br><input type="checkbox"/> F |                             |
|                | <input type="checkbox"/> M<br><input type="checkbox"/> F |                             | <input type="checkbox"/> M<br><input type="checkbox"/> F |                             |
|                | <input type="checkbox"/> M<br><input type="checkbox"/> F |                             | <b>Grandmother</b><br><i>Maternal</i>                    |                             |
|                | <input type="checkbox"/> M                               |                             | <b>Grandfather</b>                                       |                             |

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NAME \_\_\_\_\_ DATE \_\_\_\_\_

|                            |  |                                       |  |  |
|----------------------------|--|---------------------------------------|--|--|
| <input type="checkbox"/> F |  | <i>Maternal</i>                       |  |  |
| <input type="checkbox"/> M |  | <b>Grandmother</b><br><i>Paternal</i> |  |  |
| <input type="checkbox"/> F |  |                                       |  |  |
| <input type="checkbox"/> M |  | <b>Grandfather</b><br><i>Paternal</i> |  |  |
| <input type="checkbox"/> F |  |                                       |  |  |

**OTHER PROBLEMS**

Check if your child has any symptoms in the following areas

|  |  |  |
|--|--|--|
| <input type="checkbox"/> Visual Changes/Loss     | <input type="checkbox"/> Asthma                | <input type="checkbox"/> Over-eating                           |
| <input type="checkbox"/> Head Injury             | <input type="checkbox"/> Heart Problems        | <input type="checkbox"/> Childhood Illness - specify           |
| <input type="checkbox"/> Headaches               | <input type="checkbox"/> Constipation          | <input type="checkbox"/> Tobacco use                           |
| <input type="checkbox"/> Seizures                | <input type="checkbox"/> Diarrhea              | <input type="checkbox"/> Alcohol use                           |
| <input type="checkbox"/> Hearing Loss            | <input type="checkbox"/> Diabetes              | <input type="checkbox"/> Other drug use                        |
| <input type="checkbox"/> Nose Problems           | <input type="checkbox"/> Trouble sleeping      | <input type="checkbox"/> Other chronic health issues - specify |
| <input type="checkbox"/> Throat Problems         | <input type="checkbox"/> Attention issues      |  |
| <input type="checkbox"/> Thyroid disorder        | <input type="checkbox"/> Depression or anxiety |  |
| <input type="checkbox"/> Environmental Allergies | <input type="checkbox"/> Frequent crying       |  |
| <input type="checkbox"/> Shortness of breath     | <input type="checkbox"/> Poor appetite         |  |

**GYNECOLOGICAL HISTORY (FEMALE PATIENTS ONLY)**

Please discuss any additional concerns with the Provider

|  |   |                               |
|--|---|-------------------------------|
| Last menstrual cycle (period)<br>Date _____  | Age cycle started _____   | List any additional concerns: |
| Flow <input type="checkbox"/> light <input type="checkbox"/> moderate <input type="checkbox"/> heavy | Monthly periods? <input type="checkbox"/> Yes <input type="checkbox"/> No |                               |
| Sexually active? <input type="checkbox"/> Yes <input type="checkbox"/> No                            | Days of flow per cycle (IE: 3-7) _____                                    |                               |
| Using birth control? <input type="checkbox"/> Yes <input type="checkbox"/> No                        | Type of birth control:  |                               |
| Any Pregnancies? <input type="checkbox"/> Yes <input type="checkbox"/> No                            | Frequency of cycle<br>ex. 28-32 days apart _____                          |                               |
| Miscarriages ____ Abortions ____   |   |                               |
| Your age at first delivery _____   |   |                               |

**PROVIDER'S COMMENTS**



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NAME \_\_\_\_\_ DATE \_\_\_\_\_